







Help Me Grow Alabama is a **free** information and referral line that connects families with young children (birth to age eight) to health and developmental resources in their community. For referrals visit our website: helpmegrowalabama.org.





How does Help Me Grow work?

The four program components are:





-  **Making the Connection** -- Receive confidential calls from family members regarding concerns about a child's development or behavior, assess the needs of the child and/or family and make referrals to appropriate developmental and community resources.
-  **Building the Network** -- Develop ongoing relationships with resources in the community and support the maintenance of an updated resource directory.
-  **Educating Providers** -- Educate professionals about the importance of developmental surveillance and screening while promoting access to developmental services.
-  **Identifying Gaps and Barriers** -- Collect and analyze data to document and identify needs to more effectively connect families to community resources.

Who can use Help Me Grow?

Anyone can call if they are:

-  Concerned about a child's development, behavior, or learning.
-  Needing support to access services or connecting with community resources.
-  Assisting a client, family member, or friend in seeking information about health or developmental services.
-  Requesting inclusion of an organization in Help Me Grow's resource directory.

Help Me Grow will:

-  Listen to the family's concerns and help the family decide on appropriate referrals.
-  Offer free developmental screening using the Ages and Stages Questionnaires®.
-  Find appropriate resources and make referrals.
-  Follow up to ensure that a successful connection was made.

